



SUBJECT ON A PAGE FOR PE

Why you teach it – your purpose of study

PE is an important element in the broad and balanced curriculum we provide at Belmont Community Primary School. Our children are given the opportunity to develop physical ability but also to develop social, emotional and thinking skills in a sporting context. Physical activity has an impact on mental well-being and our health and fitness in general we believe these are key personal aspects to support our children in. Our children are given the opportunity to take part in various sports and activities, for many, these are not something they would have access to outside of school, meaning we are giving them experiences they may not have the opportunity to have.

We want all our pupils to develop core movement, become increasingly competent, confident and resilient in order to access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations to become confident and competent within the statutory requirements. Some children will develop their skills and ability to compete to then represent the school in a number of different sports. The children are introduced to a range of sports to hopefully engage them in physical activity outside of school as we believe there is a sport/activity for everyone.

INTENT – what you teach – your curriculum design

At Belmont, we offer a rich and vibrant PE curriculum which is ambitious for all learners.

Our curriculum encompasses not only the formal requirements of the National Curriculum but goes beyond the experiences of the classroom to ensure that our children are exposed to rich and varied opportunities that we can provide. We are proud of the inclusive nature of our school. **All children are given opportunities in PE that are appropriate and tailored to meet their individual learning needs.** Supported by a culture of equality and aspiration, we aim to remove disadvantage so that every child believes in themselves and can thrive.

We aim for every child in our school to achieve their full academic potential in PE whilst developing a life-long love of being active and playing sport. Our PE curriculum is enriched to make learning fun and relevant to create happy, inquisitive and independent children.

Through the PE curriculum **children develop an understanding of themselves as sports performers and are empowered to make valuable contributions to school sport and representing the school. They also learn valuable social and emotional skills that support them as citizens and empowers them to make valuable contributions locally and further afield.**

We aim for the children at Belmont to be healthy, happy and active and with support, flourish in a safe environment which promotes a healthy mind and body.

IMPLEMENTATION – How you teach it – your delivery of the curriculum

Each lesson plan has progressive activities that are designed to inspire and engage your pupils, allowing them to explore and develop skills and embed knowledge. The lessons are accompanied by supporting resources including resource cards, skills videos and music. Teaching points appear throughout to help teachers with their subject knowledge and differentiation tasks provide activities with simple changes to appropriately challenge all of our pupils.

All lessons have a physical objective alongside whole child objectives, which focus on social, emotional and thinking skills. Our lessons will follow the same 3-part structure:

1. A warm up and introduction.
2. Skill development.
3. Plenary.

In KS2 once in the Autumn, Spring and Summer term the children will have the opportunity to compete in an intra-school competition in a sport they have learnt that term. In other sports/activities at the end of a unit a High Quality Outcome will be used, this could be in the form of a tournament or competition in that sport or as a performance, for example in dance or gymnastics.

IMPACT – so what – your evaluations of above

Our children will get to experience a range of sports/activities each year and progress their understand/ability within these as they move through the school. With our focus not only on the physical ability but also on the social, emotional and thinking skills in sport, all of our children can be successful within PE and we will develop well rounded sports performers, with a deeper understanding of each of the sports/activities they focus on in PE. Children will show progress in our assessment of the children, which is completed on GetSet4PE and will show how children's ability is developing to a higher standard.

Our children will also become good competitors, including being 'good winners' and 'good losers'. We will also see a progression in our performances at School Games Competitions as our pupils develop over time. Over time, we hope more children will take up sport or physical activity outside of school and will have a better understanding of living a healthy lifestyle and maintaining it, with enjoyment. The way PE is developing, more children will have enthusiasm and an interest for sport and will have a positive influence on their choices to lead a healthier, active lifestyle.

How do we support SEND children in PE?

At Belmont we believe that all children should have the opportunity to be physically active during the school day, including PE lessons, playtimes, lunchtimes and other sporting opportunities.

In PE we support SEND children by

- Using support documents on GetSet4PE with guidance on supporting SEND children.
- Having a range of resources available to support SEND children.
- Use of support adults in PE lessons to work directly with SEND children.
- Manipulation of lessons to enable all children to be successful – this includes using the support notes on GetSet4PE lesson plans to change the level of difficulty in various parts of the lesson.
- A wide range of sports are offered through our PE curriculum giving all children exposure.
- There is an expectation that all children take part in PE lessons to a level that matches their physical capabilities.
- Breaking down instructions and tasks within a lesson into small chunks to support with processing of information.
- Giving them the opportunity to work in smaller groups within lessons to remove some barriers and extra distractions so they can focus on the specific task.
- Celebrating successes in PE and give the children opportunities to represent the school in sport.

Vision statement

Our school aims to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children wants and needs and provide them with a range of active experiences and clubs. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond. We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children's well-being. We have strong links with local clubs and partnerships within our community to ensure the children and families receive the support and knowledge they need.