Belmont's PE Curriculum Overview						
	Autumn Term		Spring Term		Summer Term	
EYFS	Introduction to PE/Little Movers	Fundamentals 2/introduction to PE 2	Dance/Ball skills	Gymnastics/Game	Dance/Ball skills 2	Gymnastics/Games 2/Sports Day practise
Year 1	Fundamentals/Fitness	Team building/Ball skills	Sending and receiving/Dance	Invasion Games/Gymnastics	Net and wall games/Target games	Athletics/Striking and fielding/Sports Day practise
Year 2	Fundamentals/Fitness	Ball skills/Team building	Sending and receiving/Dance	Invasion Games/Gymnastics	Net and wall games/Target games	Athletics/Striking and fielding/Sports Day practise
Year 3	Fundamentals/Ball skills	Yoga/Netball	Dance/Tag Rugby	Gymnastics/Tennis	Swimming/Rounders	Swimming/Athletics/Sports Day practise
Year 4	Fitness/Hockey	Dance/Netball	Swimming/Tag Rugby	Swimming/Gymnastics	Tennis/Rounders	Athletics/ Sports Day practise
Year 5	Swimming/Basketball	Swimming/Football	Dance/Handball	Gymnastics/Dodgeball	Tennis/Cricket	Athletics/Sports Day practise
Year 6	Fitness/Basketball	Yoga/Football	Dance/Handball	Gymnastics/Dodgeball	Tennis/Cricket	Athletics/Sports Day practise