



SEND Newsletter

Term 3
January -
February
2026



Welcome to our SEND Newsletter
(Term 3 2026).

The SEND team will publish a half-termly newsletter, which specifically focuses on all things regarding Special Educational Needs and Disabilities at Belmont Community Primary School. We hope you find our SEND Newsletter useful.

Mrs Andrea McCormack

Welcome back! We hope you and your children enjoyed a restful break and are feeling ready for the new term ahead.

Transitions can be exciting, but they can also bring uncertainty - especially for children with additional needs. Our School Team are here to support every child as they settle back into familiar routines. This term, we're focusing on **predictability, positivity, and partnership** - three ingredients that make a huge difference to a child's school experience.

Re-establishing the school routine

Routines help children feel secure, reduce anxiety, and support smoother transitions throughout the day. Over the next few weeks, we'll be:

- Reintroducing visual timetables
- Providing gentle reminders and consistent expectations
- Offering additional check-ins for pupils who need them

You can help at home by:

- Re-introducing bedtime and morning routines
- Talking through the school day in simple, positive language
- Using countdowns or timers to support transitions
- Preparing school items the night before to reduce morning stress



Small



steps



make

a



big



difference

Positive morning messages from parents and carers

This term, we're encouraging families to share short verbal, positive morning messages to help children start the day feeling supported and confident.

Examples include:

"You're going to have a great day—I'm proud of you."

"Remember, you can always ask an adult for help."

"I know you can do this. I'll see you after school."

"You're doing brilliantly."



Small



affirmations



help children

These small affirmations help children regulate emotions, build resilience, and feel connected even when they're away from home.



SEND Newsletter

Creating a positive drop-off experience



A Positive Drop-off Experience

A calm and predictable drop-off sets the tone for the whole day. Here are some strategies we've found helpful:

- Keep goodbyes short, warm, and consistent
- Use a familiar phrase or routine (e.g., "Hug, high - five, go!")
- Allow staff to support the transition if your child is finding it tricky
- Celebrate successes, even tiny ones - every step counts

Our staff will be ready to greet children with a smile, offer reassurance, and help them settle into their morning learning.

Working together

We value our partnership with families and know that open communication is key to supporting every child's needs. If you have concerns, updates, or strategies that work well at home, please share them with us. The more we understand your child, the better we can support them.



Working Together

Looking ahead

We're excited for a term filled with growth, learning, and positive experiences. Thank you for your continued support, trust, and collaboration. Together, we can help every child feel safe, confident, and ready to thrive.



Thank you so much to those parents and grandparents who were able to join Sam and I for our recent *WTT Coffee Afternoon* last term. We hope you found the session both beneficial and useful. It was lovely to see so many of you there and to have the opportunity to share ideas and experiences together.

We're pleased to let you know that we have four further **WTT Parent/Carer Workshops** scheduled for the following dates:

Wednesday 14th January 1.40pm – 3pm

Wednesday 25th February 1.40pm - 3pm

Tuesday 28th April 2026 1.40pm – 3pm

Wednesday 24th June 2026 1.40pm – 3pm

Sam and I are keen to ensure that the content of these workshops continues to support you and your families effectively. If there are any themes or topics you would like us to include, please share your suggestions with me, and I will feed these back to Sam.

If you have any questions and are interested in attending, please email me

Andrea.McCormack@belmont.lincs.sch.uk