



SEND Newsletter

Term 4
2025

Welcome to our first SEND Newsletter (Term 4 2025). The SEND team will publish a half-termly newsletter, which specifically focuses on all things regarding Special Educational Needs and Disabilities at Belmont Community Primary School. We hope you find our SEND Newsletter useful.

Mrs Andrea McCormack



Special educational needs, often referred to as 'SEN' or 'SEND' (Special educational needs and disabilities), is a term used to describe learning difficulties or disabilities that make it harder for a child to learn compared to children of the same age. All children may experience challenges with their learning at some point. For most children, these challenges can be overcome with support from teachers and family. However, children with SEND are likely to require additional or different assistance to be able to learn.

What are the four broad areas of need?

Children may have difficulties in one or more of these areas:

Cognition and Learning



A child may find all learning difficult or have difficulties with specific activities such as reading or spelling. A child may have trouble understanding instructions and carrying out tasks. A child may have memory difficulties.

Communication and Interaction



A child may have difficulty in talking to others or understanding what others are saying to them. A child may have difficulty with interactions with others, such as not being able to take turns. A child who has speech and language needs will be classed as having communication and interaction needs.

Physical and Sensory



A child may have hearing or vision loss. A child may have difficulty with sensory processing, being under or over-sensitive. A child may have a medical condition which affects them physically.

Social, Emotional and Mental Health



A child may display behaviours such as having very low self esteem or being very anxious. A child may display challenging, disruptive or distressing behaviours. A child may have underlying conditions which affect their mental health.



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On Thursday 6th February, Helen Lea from BOSS (Behaviour Outreach Support Service) led an ADHD workshop for parents and families.

Below are some of the topics that we discovered more about during the workshop:

- The ADHD brain
- The different types of ADHD
- Strategies to support a child
- Masking
- Time blindness and strategies to support time-management
- Strengthening memory skills
- Medication
- Rejection Sensitivity Dysphoria

If you would like to find out more about these topics, please contact Mrs McCormack, Andrea.McCormack@belmont.lincs.sch.uk



Children's Therapy Services

Demand Avoidance online workshop

The sessions are led by a behavioural specialist and will look at the impact on children's daily behaviours and what practical strategies, adjustments, and techniques you can use at home to support your child. Demand avoidance can be a common trait for children and young people that are neurodiverse including Autism and ADHD.

Sensory Processing Difficulties workshop

The NHS, Lincolnshire County Council, Lincolnshire Parent Carer Forum (LPCF) and Aspens have worked collaboratively to create an online support workshop for parents and carers of children and young people with sensory processing difficulties.

Neurodiversity and Burnout online workshop

The sessions are led by a behavioural specialist and will look at the impact on children's daily behaviours and what practical strategies, adjustments, and techniques you can use at home to support your child.

www.lincolnshirechildrenstherapyservices.nhs.uk/training

Various dates during March, April and May 2025. The workshops are online via Microsoft Teams, booking is first come first served and places are limited.



Lincolnshire Community Health Services
NHS Trust