

Review Date April 2025

Belmont CP School

PHSE Policy

This policy should be read in conjunction with:

- Anti-bullying Policy
- Drugs Policy
- Equal Opportunities Policy
- E-Safety Policy
- Promoting Positive Behaviour Policy
- Relationships and Sex Education Policy
- Safeguarding and Child Protection Policy
- SEND Policy

Rationale

Personal, social and health education and citizenship help to give pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They also find out about the main political and social institutions that affect their lives as individuals and members of communities. They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning. The children will also be taught about the British Values through PSHE lessons, this includes Democracy, Rule of Law, Individual Liberty, Mutual Respect and Tolerance. They will also be taught the protected characteristics. Within the curriculum plan there are also planned in transition lessons to prepare the children for the change of year groups at the end of the year including opportunities to reflect on their own skills and successes over the year.

Aims and Purposes

Children need the self-awareness, confidence and positive self-esteem to:

- Make the most of their own and others abilities
- Play an active role as a member of a democratic society, and global society
- Develop independence and responsibility
- Respect the differences between people
- Have worthwhile and fulfilling relationships
- Keep themselves and others safe
- Stay as healthy as possible
- Improve and sustain pupil's wellbeing

Broad Outline Programme

Personal and Social Education is taking place all the time in school. It is reflected in the ethos of the school, the nature of relationships, the displays in school and the outside environment of the school. However, there will be particular instances when PSHE is taught:

- In the classroom as a discrete subject through the PSHE curriculum taught from Kapow.
- In the classroom as part of the broader curriculum
- As part of targeted support with a qualified Emotional Literacy Support Assistant (ELSA)
- In assemblies
- On school visits, including residential
- By visitors to school
- Through curriculum enrichment (eg raising money for charity or taking part in a local community ventures)
- Through the 'Belmont Way' Character Curriculum

Teaching and Learning

PSHE has a spiral curriculum in which skills, knowledge and values are revisited and developed to provide continuity and progression. It will be taught in a way that engages pupils in a variety of activities appropriate to their age, ability and previous experience. Animated videos will be used to support children in their understanding of the various topics within PSHE. Staff at Belmont Primary School, follow the Kapow scheme of learning, fully mapped to statutory guidance (alongside the statutory elements, we also cover citizenship and economic wellbeing), ensuring progression year on year, as outlined in progression documents. Sensitive topics such as puberty and consent are introduced with empathy and care. The age-appropriate lessons ensure children feel safe and comfortable. At the end of the year, there are also planned in opportunities for pupils to revisit key learning from different stages of the year to ensure retention of key knowledge within the progression of learning.

Pupils will be taught knowledge, skills and understanding through opportunities to:

- Take and share responsibility
- Feel positive about themselves
- Participate in discussions
- Make real choices and decisions
- Meet and talk with people
- Develop relationships through work and play
- Consider social and moral dilemmas they come across in everyday life
- Ask for help and find information and advice
- Prepare for change.

Learning across the curriculum

PSHE is linked closely to other cross-curricular policies, which can be consulted for more information, including:

- Teaching and Learning
- Drugs Education and Managing Drug Related Incidents
- Anti Bullying
- Promoting Positive Behaviour
- Safeguarding and Child Protection
- Relationships and Sex Education
- Health and Safety
- Equal Opportunities
- E-Safety

Assessment, Recording, Reporting

Children will take pre and post assessments within each unit of learning to show their progression. Each lesson also has clear learning objectives and success criteria as mapped out on the medium term plans meaning children can be easily assessed against these each lesson. Assessment will also respond to the flexible nature of the programmes of study and be based upon clear, agreed criteria. Through observation, monitoring of written work and discussion with children, assessments of skills, knowledge and attitudes will be made, and recorded that recognise the achievements of all pupils. Assessment of pupil's attainment in PSHE will be made in the annual progress reports made to parents. This is done through a designated attainment box showing attainment against National Expectation and progress through the year.

Resources and Helping Agencies

Pupils will have access to a range of resources including:

- Visitors to school
- Published materials
- Visual and audio materials
- Computers
- Artefacts
- Kapow learning resources and documents

Parents and the local community

At Belmont CP School we aim for PSHE to complement the personal and social development of children provided in the home and the local community. A high priority is working with parents and is a vital part of the whole school approach. PSHE is part of our Home-School Agreement, featuring in our Open Days and Evenings and in the School Prospectus. Parents are encouraged to become involved in the life of the school and are kept fully informed of the school's policy for relationships and sex education. Parents have the right to withdraw their child from all or part of a sex education programme. This must be done in writing to the Headteacher, stating their reasons.

At Belmont CP School we value the contributions of the community and outside agencies to the personal, social and health development and citizenship of its children through active involvement in the life and philosophy of the school, we invite a wide range of representatives, including the health professions, local businesses, police, fire service, local religious and community based figures, to talk to the children about topics planned and agreed in advance.

Equality of Opportunity

PSHE includes the study of culture, ethnic diversity, physical differences and difference of experience. Through such study children can acquire understanding of and respect for other people and their values. In PSHE children should learn that open mindedness and the questioning of assumptions are valuable attributes. The nature of PSHE lends itself to study by children with a range of different abilities. Children can work on the same content at different rates and levels.

Monitoring and Review

The PSHE Leader provides support and advice to other members of staff, monitors quality of teaching and is responsible for evaluating and reviewing the programme and provision for PSHE across the school. The PHSE Leader will also further staff development by providing opportunities for staff to update and extend

their knowledge and expertise in PSHE. The PSHE Leader, in discussion with the staff, the Headteacher and the Governing Body will review the policy every two years.

Ratified by governors at their meeting on	14 th May 2025
Signed	
Review Date	April 2025