



Belmont Community Primary School

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Tuesday 25th April 2025

Dear Parents/Carers

Recently we have updated our curriculum, and we now use Kapow's scheme of learning for many subjects. Two areas that have changed to Kapow are PSHE (Personal, Social, Health and Economic education) and RSE (Relationships and Sex Education). These are key areas of learning for our children and are part of the National Curriculum. All of the learning within these units is taught in an age-appropriate manner and in line with National Curriculum expectations.

Kapow Primary offers a comprehensive and supportive approach to teaching Relationships and Sex Education (RSE) and Personal, Social, Health and Economic (PSHE) education in primary schools. The Kapow curriculum is designed in collaboration with practising primary subject specialists, ensuring an engaging and informative experience for both teachers and primary school pupils. The lesson plans focus on essential areas like families and relationships, health and wellbeing, safety, citizenship, and economic well-being. This includes tackling challenging topics such as bullying, stereotyping, physical and mental health, digital and road safety, puberty, first aid, responsibility, community, democracy, and career aspirations.

In year 6 there are two lessons that will be taught that parents have the right to withdraw their children from. These are:

'What are the stages of pregnancy and birth?' and 'What is the biology of conception?'

In Year 6, prior to these lessons being taught, permission slips will be sent home to inform parents/carers. If you would like to view any of the information and resources that will be used, please do get in touch and they can be shared with you.

We also work with 'The Conversation' in Year 5 and Year 6, a company who provide PSHE and RSE workshops. They share our belief that it is important to allow students to discuss relevant life topics in an open forum with trusted and experienced adults.

For further information regarding the RSE Kapow Curriculum, please see the attached document, RSE Parent Guidance.

If you do have any further questions please don't hesitate to contact me. You may send a message via class Dojo or get in touch with the school office and I will be happy to help.

Kind regards,

A handwritten signature in black ink that reads "B. Togher".

Mr Togher
RSE/PSHE Lead

Headteacher: Mr Jamie Allsopp, BA (Hons), PGCE