



Belmont CP School

PSHE Policy

This policy should be read in conjunction with:

- Anti-bullying Policy
- Drugs Policy
- Equality Policy
- E-Safety Policy
- Promoting Positive Behaviour Policy
- Relationships and Sex Education (RSHE) Policy
- Safeguarding and Child Protection Policy
- SEND Policy

Rationale

Personal, Social and Health Education (PSHE) supports pupils to develop the knowledge, skills and attributes they need to live confident, healthy and independent lives, and to become active, responsible citizens.

At Belmont CP School, PSHE contributes significantly to pupils' personal development, wellbeing and safeguarding. It enables children to understand how to stay safe, build positive relationships and manage risks both online and offline.

PSHE at Belmont includes the statutory elements of Relationships Education and Health Education, which are delivered in accordance with the school's RSHE Policy. Together, these ensure pupils develop the knowledge, skills and understanding needed to thrive in modern Britain and the wider world.

Pupils are encouraged to:

- recognise their own worth
- develop resilience and independence
- understand and respect diversity
- make informed and responsible decisions

They also learn about British Values (democracy, rule of law, individual liberty, mutual respect and tolerance) and protected characteristics, supporting their understanding of equality and inclusion.

Aims and Purposes

Children will develop:

- self-awareness, confidence and positive self-esteem
- the ability to make informed decisions
- independence and responsibility
- respect for differences and diversity
- the skills to build positive relationships
- the knowledge to keep themselves and others safe
- strategies to support their physical and mental wellbeing

Safeguarding

PSHE plays a vital role in safeguarding pupils.

Through the curriculum, pupils are taught:

- how to recognise unsafe situations
- how to seek help and support
- how to manage risk (including online risks)
- about consent, boundaries and respectful relationships (age appropriate)

PSHE supports pupils to understand safeguarding themes such as:

- bullying and peer-on-peer abuse
- online safety and digital risks
- healthy and unhealthy relationships
- emotional wellbeing

Any safeguarding concerns arising from PSHE lessons will be managed in line with the school's Safeguarding and Child Protection Policy.

Curriculum and Delivery

PSHE is delivered through:

- Discrete lessons using the Kapow scheme of learning
- Cross-curricular links
- Assemblies
- Targeted support (e.g. ELSA)
- Educational visits and enrichment activities
- Visitors and external agencies

- The 'Belmont Way' Character Curriculum

The curriculum follows a spiral approach, where learning is revisited and developed over time.

Teaching is adapted to meet the needs of all pupils and includes:

- discussion and debate
- role play and scenario work
- reflection and problem solving
- opportunities for pupil voice

Sensitive topics are taught with care, ensuring pupils feel safe and supported.

Online Safety and Digital Wellbeing

PSHE supports pupils to:

- use technology safely and responsibly
- understand risks such as cyberbullying, misinformation and online exploitation
- develop healthy habits around screen use and digital wellbeing

This is delivered alongside the school's E-Safety Policy and reinforced through RSHE.

Assessment, Recording and Reporting

Assessment in PSHE includes:

- pre- and post-unit assessments
- ongoing teacher assessment through observation and discussion
- evaluation of knowledge, skills and attitudes

Progress is reported to parents annually.

Assessment is used to:

- identify gaps in learning
- adapt teaching
- support pupil progress

Pupil Voice

Pupil voice is an important part of PSHE.

We gather pupil views through:

- discussions and feedback
- pupil interviews

- pupil parliament input
- wellbeing questionnaires

This helps shape and improve the PSHE curriculum and ensures it meets pupils' needs.

Parents and the Local Community

We aim for PSHE to complement learning at home.

We support parents by:

- sharing curriculum information
- offering opportunities to discuss content
- maintaining open communication

Parents are informed about RSHE content and have the right to withdraw their child from non-statutory sex education, as outlined in the RSHE Policy.

We also work with external agencies (e.g. health professionals, emergency services) to enrich learning.

Equality and Inclusion

PSHE reflects the school's commitment to equality and inclusion.

We:

- promote respect for all
- challenge discrimination and stereotypes
- ensure all pupils can access learning
- reflect diverse backgrounds and experiences

Teaching is adapted to support pupils with SEND and other needs.

Monitoring and Review

The PSHE Lead is responsible for:

- monitoring teaching and learning
- reviewing curriculum coverage
- supporting staff development

Monitoring includes:

- lesson observations
- pupil voice
- work scrutiny

- staff feedback

Findings are used to improve provision and are shared with senior leaders and governors where appropriate.

This policy will be reviewed every two years, or sooner if guidance changes.

Ratified by governors at their meeting on	06 May 2026
Signed	
Review Date	May 2028