



Belmont Community Primary School

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5th October 2026

Dear Parents and Carers,

New arrangements for earrings during PE

I am writing to let you know about a small change to our school expectations regarding earrings and PE.

We recognise that many children have pierced ears and that removing and replacing earrings for PE can be difficult, particularly for younger children. At the same time, we have a responsibility to make sure that children can participate safely in physical education, sports and active play.

Flat-backed earrings have a much lower profile than traditional earring backs and are less likely to catch on clothing, equipment or another child during physical activity. We are therefore asking that children wear flat-backed earrings on PE days.

To help families with this change, we are pleased to provide your child with a pair of suitable flat-backed earrings at no cost.

We would ask that:

- Children who wear earrings wear one small pair of flat-backed earrings only on PE or after-school sports club days.
- Hoops, sleepers, dangling earrings and larger or decorative earrings should not be worn in school.
- The flat-backed earrings should be fitted securely.
- Children should still remove earrings for PE if they are able to do so independently.
- School staff will not remove or replace children's earrings.

Our aim is to make sure that children can take part fully in PE and active play while reducing the risk associated with traditional earring backs and larger earrings.

If your child currently wears earrings and you would like to use the pair of flat-backed earrings provided by school, please send a message via Class Dojo and your class teacher can arrange for your child to take a pair home.

Thank you for your support in helping us keep our children safe while ensuring that they are able to participate fully in school life.

Yours sincerely

Jamie Allsopp

Headteacher

Belmont Community Primary School

